



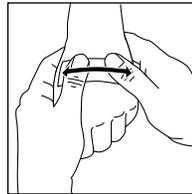
Guide To First Aid Tape Application and Removal

Tips:

- Tape should be applied without tension to clean, dry skin.
- A clipper may be used to remove hair, if necessary.
- In general, do not encircle a limb completely with tape.
- If you anticipate that area may enlarge or swell, use a tape that stretches or a self-adhering wrap to secure the dressing or tubing.

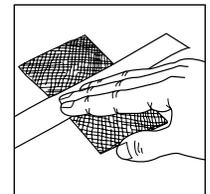
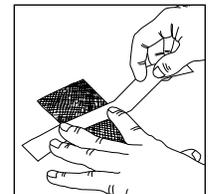
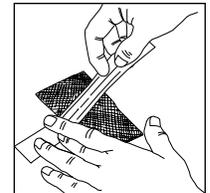
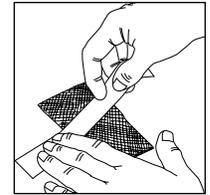
General Taping

Apply the tape without tension, gently, but firmly, stroking the surface to maximize adhesion. Tape should extend at least one-half inch beyond the dressing. Tape should not be pulled or stretched when applied. If swelling does occur, loosen and re-fasten or replace tape to relieve the tension.



When Compression Is Needed

1. Use a tape that stretches. Place first section of tape without tension onto skin on one side of the dressing, gently pressing downward.
2. With one hand, secure tape on one edge of the dressing while slightly stretching next section of tape over the dressing.
3. Secure tape on opposite edge of the dressing.
4. Press remaining tape onto skin without tension. Compression should come from the multiple layers of dressing material, not from excessive tension in the tape. Skin distention under tape may result in blistering and should be relieved as soon as possible.

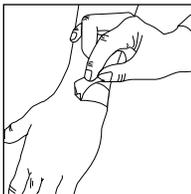




Tape Removal

Proper tape removal is critical in reducing the occurrence of skin trauma.

1. Loosen edges of tape. If necessary, press a small piece of tape onto a corner to start an edge of the tape.



2. Stabilize the skin with one finger. Remove tape “low and slow” in direction of hair growth, keeping it close to skin surface and pulled back over itself. Removing tape at an angle will pull at the epidermis, increasing risk of mechanical trauma. As tape is removed, continue supporting newly exposed skin.

